

# Fleet and Family Support Center Guam

PSC 455 Box 157  
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Naval Base Guam  
Main Office  
333-2056/57/58

## Programs and Services:

### Information and Referral (I & R)

Directory Assistance Plus! It is for whenever you need information about services and resources, military or civilian, in our area. Call us first for information and we will save you time and phone calls.

### Relocation Assistance Program (RAP)

RAP offers information on all issues related to a Permanent Change of Station (PCS).

Some of the services we offer are:

- Welcome To Guam Orientation & Island Tour
- Welcome Aboard Packages
- Loaner Closet-Hospitality Kits
- Smooth Move Classes
- Newcomer Briefs
- Command Sponsorship Workshops
- Military HOMEFRONT

### Life Skills Education

Life Skills Education and support can equip individuals and families to maximize their growth and potential and successfully, manage Navy life challenges. Some of the workshops that are offered are:

- Stress and Anger Management
- Babysitting Training Course
- Teen Talk
- Parenting
- Effective Communication

### Personal Financial Management (PFM)

The PFM program offers information, education and counseling to assist individuals and families in the complex process of financial decision-making and in overcoming financial indebtedness. We offer classes that not only teach you to control your money; our classes will teach you how to get your money to work for you.

- Command Financial Specialist (CFS) Training

### Counseling Services (333-9827/28)

The Navy provides professional counseling for individuals, couples, and families. This is the place to find help with life's adjustments in an atmosphere that is relaxed and private. We serve active duty service members and their families with counselors who are especially sensitive to the demands of a military way of life.

### **Transition Assistance Management Program (TAMP)**

If you decide to leave the Navy after your obligated service, we will help prepare you for your new career. Our Transition Assistance Management Program will help you plan for your future as you change from military to civilian life. Includes:

- Transition Assistance Program (TAP)
- Career Options and Navy Skills Evaluation Program (CONSEP)
- Individual Assistance

### **Deployment Support**

- Return and Reunion
- Pre, Mid and Post deployment briefs
- Individual Augmentee (IA) Support

### **Family Employment Readiness Program (FERP)**

FERP offers individuals and family members preparing for a job search through:

- Job search & resume preparation workshops
- Individual career counseling
- Computer access, job leads & volunteer opportunities.

There are limited employment opportunities in Guam due to a high unemployment rate and the local economy. With a loss of a second income and Guam's high cost of living, there is the potential for military families to experience financial hardship or a reduced quality of life from what they may be accustomed to at other duty stations. The following websites may assist you in job hunting and/or provide you with an overview or jobs available on Guam.

- [www.usajobs.opm.gov](http://www.usajobs.opm.gov)
- <https://chart.donhr.navy.mil/>
- [www.guamdol.net](http://www.guamdol.net)

The following organizations may be of some assistance in your job search:

- Human Resource Office - (671)349-6120
- Navy Exchange – (671)339-6153
- MWR – (671)339-1155
- Many jobs in Guam are contractor positions; contact FFSC at (671)333-2056 to find out about the major contractors on base.

### **Family Advocacy Program (FAP) (333-9827/28 )**

FAP is a program dedicated to inspiring healthy family relationships and to prevent spouse abuse, child abuse and child neglect. FAP provides:

- Abuse prevention education
- Crisis intervention
- Case management
- Treatment for individuals, families and groups

### **New Parent Support Home Visitation Program**

First time parents are offered support and guidance during pregnancy and early infancy through:

- Individual parent support through home visits
- Education on pregnancy, birth and parenting
- Information on ages and stages of development