

## Resources for Families



### City of Anchorage

Anchorage has an emergency management office that has identified the three most likely disasters in Anchorage as earthquake, wildfire, and extreme weather. Find out more at

<http://www.muni.org/departments/oem/pages/default.aspx>

Emergency announcements will be broadcast first on 750 AM KFQD, then to other local TV and Radio stations. A *battery-powered or hand-cranked radio* is an essential part of your emergency kit. It's helpful if it includes a weather alert function. NOAA Weather Service offers information at:

<http://forecast.weather.gov/MapClick.php?zoneid=AKZ101>



## Caring for our Families

### Family Readiness in Anchorage

*One of the most likely disasters planned for in Anchorage is extreme weather, such as record snowfall.*



## Disaster Planning for Anchorage Coast Guard Families

- Work with your family to create a disaster plan. **Most important:** Update Direct Access with current contact information to ensure the Coast Guard can reach the family. Decide how you will react, where family members should meet, and what items you might need (including necessary financial records).
- Designate an out-of-state family member who can act as “command center” in the event of local cell phone service being out.
- Text phone messages to reduce overload on local resources.
- Assemble a home disaster kit with flashlights, batteries, canned food, a radio, blankets, and other items you might need. Remember warm clothes!
- Keep your vehicle fueled at more than a half tank — power outages could mean no gas.
- Have alternative ways to charge your cell phone if the power is out.
- Learn to shut off power, gas, and water to your home.
- Ensure that pets will be cared for in a disaster. Keep food and supplies for your pet in your home disaster kit.
- Know your neighbors so you can work together to shovel snow, keep warm, or care for children and pets.
- Consider home repair supplies and a home generator.
- Go to emergency shelters as designated by the city.



Following an emergency or disaster event, all Coast Guard members (military, civilian, reserve, & auxiliary) are to:

1. **Stabilize** your personal/family/home situation.
2. **Listen** to local TV, radio, etc., for news & public announcements.
3. **Report in.** Whether you receive an alert message or not, call your immediate supervisor to report your status and family status or needs (if any). List for CG alert system notices and wait for instructions and possible work assignment. Continue to report in daily or as instructed. If the supervisor is not available, contact the acting supervisor.

Fill out the following list, and call in this order:

1) Supervisor Work : \_\_\_\_\_

Supervisor’s Personal Phone: \_\_\_\_\_

Supervisor’s E-Mail: \_\_\_\_\_

If can’t reach, then:

2) Admin Office: \_\_\_\_\_

If can’t reach, then:

3) Command Center: 907-271-6769

If can’t reach, then:

CG PACAREA Command Center: 510-437-3701

If can’t reach, then:

5) CG HQ Command Center: 202-372-2100 or 800-323-7233

**Anchorage officials recommend local families have enough emergency supplies to care for themselves for seven days — the Coast Guard recommends 30 days.**

### How will a disaster affect Coast Guard families?

It is possible that the active duty member will be gone from the household, possibly for the length of the response.