



PSU 305
Executive Officer
Lieutenant Commander
Sean T. Carothers



Lieutenant Commander Sean T. Carothers began his military career by enlisting in the United States Air Force in 1999. He served as an Electrical Power Production Technician with assignments in Aviano, Italy, The Azores, Portugal, and Hill Air Force Base, Utah. While in the Air Force LCDR Carothers completed his Bachelor Degree in Natural Resources from Oregon State University. LCDR Carothers left active duty in 2005 and entered the Air Force Reserve in Portland, Oregon.



In 2007 LCDR Carothers entered the Coast Guard Reserves through the Reserve Officer Candidate Indoctrination Program. His first assignment was to the Field Intelligence Support Team at (then) Sector Portland. Following Sector Portland LCDR Carothers served at District 17 in Juneau, Alaska for 2 years and then transferred to Port Security Unit (PSU) 311 in Los Angeles, California in 2011. While at PSU 311 he served as the Shore Side Security Officer, the Assistant Engineering Officer and finally as the Engineering Officer.

In 2012 LCDR Carothers transferred to Sector Puget Sound in Seattle, Washington. While at Sector Puget Sound he worked in Contingency Planning and Force Readiness planning and conducting exercises targeted at building and sustaining the Reserve Workforces incident management skills and capabilities.

In 2015 He was assigned to Maritime Expeditionary Security Squadron (MSRON) Eleven in Seal Beach, California. MSRON 11 is a United States Navy unit that provides high value asset escorts, harbor area defense, embarked, and aviation security teams. LCDR Carothers served as the Weapons Officer at MSRON 11 and deployed with the unit to Camp Lemonier, Djibouti, Africa where he served as the Weapons and Communications Department Head as well as the unit's Anti-Terrorism Officer.

LCDR Carothers' awards include Commendation Medals from the Coast Guard, Air Force, and the Navy as well as other various unit and personal awards.

In his civilian career LCDR Carothers is a State Trooper in Oregon currently assigned to the Fish and Wildlife Division.